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## INTRODUCTION

"Marriage is not an institution of nature. The family in the east is entirely different from the family in the west. Man is the servant of nature, and the institutions of society are grafts, not spontaneous growths of nature. Laws are made to suit manners, and manners vary.

"Marriage must therefore undergo the gradual development towards perfection to which all human affairs submit."

These words, pronounced in the presence of the Conseil d'Etat by Napoleon during the discussion of the civil code, produced a profound impression upon the author of this book; and perhaps unconsciously he received the suggestion of this work, which he now presents to the public. And indeed at the period during which, while still in his youth, he studied French law, the word ADULTERY made a singular impression upon him. Taking, as it did, a prominent place in the code, this word never occurred to his mind without conjuring up its mournful train of consequences. Tears, shame, hatred, terror, secret crime, bloody wars, families without a head, and social misery rose like a sudden line of phantoms before him when he read the solemn word ADULTERY! Later on, when he became acquainted with the most cultivated circles of society, the author perceived that the rigor of marriage laws was very generally modified by adultery. He found that the number of unhappy homes was larger than that of happy marriages. In fact, he was the first to notice that of all human sciences that which relates to marriage was the least progressive. But this was the observation of a young man; and with him, as with so many others, this thought, like a pebble flung into the bosom of a lake, was lost in the abyss of his tumultuous thoughts. Nevertheless, in spite of himself the author was compelled to investigate, and eventually there was gathered within his mind, little by little, a swarm of conclusions, more or less just, on the subject of married life. Works like the present one are formed in the mind of the author with as much mystery as that with which truffles grow on the scented plains of Perigord. Out of the primitive and holy horror which adultery caused him and the investigation which he had thoughtlessly made, there was born one morning a

trifling thought in which his ideas were formulated. This thought was really a satire upon marriage. It was as follows: A husband and wife found themselves in love with each other for the first time after twenty-seven years of marriage.

He amused himself with this little axiom and passed a whole week in delight, grouping around this harmless epigram the crowd of ideas which came to him unconsciously and which he was astonished to find that he possessed. His humorous mood yielded at last to the claims of serious investigation. Willing as he was to take a hint, the author returned to his habitual idleness. Nevertheless, this slight germ of science and of joke grew to perfection, unfostered, in the fields of thought. Each phase of the work which had been condemned by others took root and gathered strength, surviving like the slight branch of a tree which, flung upon the sand by a winter's storm, finds itself covered at morning with white and fantastic icicles, produced by the caprices of nightly frosts. So the sketch lived on and became the starting point of myriad branching moralizations. It was like a polypus which multiplies itself by generation. The feelings of youth, the observations which a favorable opportunity led him to make, were verified in the most trifling events of his after life. Soon this mass of ideas became harmonized, took life, seemed, as it were, to become a living individual and moved in the midst of those domains of fancy, where the soul loves to give full rein to its wild creations. Amid all the distractions of the world and of life, the author always heard a voice ringing in his ears and mockingly revealing the secrets of things at the very moment he was watching a woman as she danced, smiled, or talked. Just as Mephistopheles pointed out to Faust in that terrific assemblage at the Brocken, faces full of frightful augury, so the author was conscious in the midst of the ball of a demon who would strike him on the shoulder with a familiar air and say to him: "Do you notice that enchanting smile? It is a grin of hatred." And then the demon would strut about like one of the captains in the old comedies of Hardy. He would twitch the folds of a lace mantle and endeavor to make new the fretted tinsel and spangles of its former glory. And then like Rabelais he would burst into loud and unrestrainable laughter, and would trace on the street-wall a word which might serve as a pendant to the "Drink!" which was the only oracle obtainable from the

heavenly bottle. This literary Trilby would often appear seated on piles of books, and with hooked fingers would point out with a grin of malice two yellow volumes whose title dazzled the eyes. Then when he saw he had attracted the author's attention he spelt out, in a voice alluring as the tones of an harmonica, *Physiology of Marriage!* But, almost always he appeared at night during my dreams, gentle as some fairy guardian; he tried by words of sweetness to subdue the soul which he would appropriate to himself. While he attracted, he also scoffed at me; supple as a woman's mind, cruel as a tiger, his friendliness was more formidable than his hatred, for he never yielded a caress without also inflicting a wound. One night in particular he exhausted the resources of his sorceries, and crowned all by a last effort. He came, he sat on the edge of the bed like a young maiden full of love, who at first keeps silence but whose eyes sparkle, until at last her secret escapes her.

"This," said he, "is a prospectus of a new life-buoy, by means of which one can pass over the Seine dry-footed. This other pamphlet is the report of the Institute on a garment by wearing which we can pass through flames without being burnt. Have you no scheme which can preserve marriage from the miseries of excessive cold and excessive heat? Listen to me! Here we have a book on the *Art* of preserving foods; on the *Art* of curing smoky chimneys; on the *Art* of making good mortar; on the *Art* of tying a cravat; on the *Art* of carving meat."

In a moment he had named such a prodigious number of books that the author felt his head go round.

"These myriads of books," says he, "have been devoured by readers; and while everybody does not build a house, and some grow hungry, and others have no cravat, or no fire to warm themselves at, yet everybody to some degree is married. But come look yonder."

He waved his hand, and appeared to bring before me a distant ocean where all the books of the world were tossing up and down like agitated waves. The octodecimos bounded over the surface of the water. The octavos as they were flung on their way uttered a solemn sound, sank to the bottom, and only rose up again with great difficulty, hindered as they were by duodecimos and works of

smaller bulk which floated on the top and melted into light foam. The furious billows were crowded with journalists, proof-readers, paper-makers, apprentices, printers' agents, whose hands alone were seen mingled in the confusion among the books. Millions of voices rang in the air, like those of schoolboys bathing. Certain men were seen moving hither and thither in canoes, engaged in fishing out the books, and landing them on the shore in the presence of a tall man, of a disdainful air, dressed in black, and of a cold, unsympathetic expression. The whole scene represented the libraries and the public. The demon pointed out with his finger a skiff freshly decked out with all sails set and instead of a flag bearing a placard. Then with a peal of sardonic laughter, he read with a thundering voice: *Physiology of Marriage*.

The author fell in love, the devil left him in peace, for he would have undertaken more than he could handle if he had entered an apartment occupied by a woman. Several years passed without bringing other torments than those of love, and the author was inclined to believe that he had been healed of one infirmity by means of another which took its place. But one evening he found himself in a Parisian drawing-room where one of the men among the circle who stood round the fireplace began the conversation by relating in a sepulchral voice the following anecdote:

A peculiar thing took place at Ghent while I was staying there. A lady ten years a widow lay on her bed attacked by mortal sickness. The three heirs of collateral lineage were waiting for her last sigh. They did not leave her side for fear that she would make a will in favor of the convent of Beguins belonging to the town. The sick woman kept silent, she seemed dozing and death appeared to overspread very gradually her mute and livid face. Can't you imagine those three relations seated in silence through that winter midnight beside her bed? An old nurse is with them and she shakes her head, and the doctor sees with anxiety that the sickness has reached its last stage, and holds his hat in one hand and with the other makes a sign to the relations, as if to say to them: "I have no more visits to make here." Amid the solemn silence of the room is heard the dull rustling of a snow-storm which beats upon the shutters. For fear that the eyes of the dying woman might be dazzled by the light, the youngest of the heirs had fitted a shade to the candle which stood

near that bed so that the circle of light scarcely reached the pillow of the deathbed, from which the sallow countenance of the sick woman stood out like a figure of Christ imperfectly gilded and fixed upon a cross of tarnished silver. The flickering rays shed by the blue flames of a crackling fire were therefore the sole light of this sombre chamber, where the denouement of a drama was just ending. A log suddenly rolled from the fire onto the floor, as if presaging some catastrophe. At the sound of it the sick woman quickly rose to a sitting posture. She opened two eyes, clear as those of a cat, and all present eyed her in astonishment. She saw the log advance, and before any one could check an unexpected movement which seemed prompted by a kind of delirium, she bounded from her bed, seized the tongs and threw the coal back into the fireplace. The nurse, the doctor, the relations rushed to her assistance; they took the dying woman in their arms. They put her back in bed; she laid her head upon her pillow and after a few minutes died, keeping her eyes fixed even after her death upon that plank in the floor which the burning brand had touched. Scarcely had the Countess Van Ostroem expired when the three co-heirs exchanged looks of suspicion, and thinking no more about their aunt, began to examine the mysterious floor. As they were Belgians their calculations were as rapid as their glances. An agreement was made by three words uttered in a low voice that none of them should leave the chamber. A servant was sent to fetch a carpenter. Their collateral hearts beat excitedly as they gathered round the treasured flooring, and watched their young apprentice giving the first blow with his chisel. The plank was cut through.

"My aunt made a sign," said the youngest of the heirs.

"No; it was merely the quivering light that made it appear so," replied the eldest, who kept one eye on the treasure and the other on the corpse.

The afflicted relations discovered exactly on the spot where the brand had fallen a certain object artistically enveloped in a mass of plaster.

"Proceed," said the eldest of the heirs.

The chisel of the apprentice then brought to light a human head and some odds and ends of clothing, from which they recognized

the count whom all the town believed to have died at Java, and whose loss had been bitterly deplored by his wife.

The narrator of this old story was a tall spare man, with light eyes and brown hair, and the author thought he saw in him a vague resemblance to the demon who had before this tormented him; but the stranger did not show the cloven foot. Suddenly the word ADULTERY sounded in the ears of the author; and this word woke up in his imagination the most mournful countenances of that procession which before this had streamed by on the utterance of the magic syllables. From that evening he was haunted and persecuted by dreams of a work which did not yet exist; and at no period of his life was the author assailed with such delusive notions about the fatal subject of this book. But he bravely resisted the fiend, although the latter referred the most unimportant incidents of life to this unknown work, and like a customhouse officer set his stamp of mockery upon every occurrence.

Some days afterwards the author found himself in the company of two ladies. The first of them had been one of the most refined and the most intellectual women of Napoleon's court. In his day she occupied a lofty position, but the sudden appearance of the Restoration caused her downfall; she became a recluse. The second, who was young and beautiful, was at that time living at Paris the life of a fashionable woman. They were friends, because, the one being forty and the other twenty-two years old, they were seldom rivals on the same field. The author was considered quite insignificant by the first of the two ladies, and since the other soon discovered this, they carried on in his presence the conversation which they had begun in a frank discussion of a woman's lot.

"Have you noticed, dear, that women in general bestow their love only upon a fool?"

"What do you mean by that, duchess? And how can you make your remark fit in with the fact that they have an aversion for their husbands?"

"These women are absolute tyrants!" said the author to himself. "Has the devil again turned up in a mob cap?"

"No, dear, I am not joking," replied the duchess, "and I shudder with fear for myself when I coolly consider people whom I have known in other times. Wit always has a sparkle which wounds us, and the man who has much of it makes us fear him perhaps, and if he is a proud man he will be capable of jealousy, and is not therefore to our taste. In fact, we prefer to raise a man to our own height rather than to have to climb up to his. Talent has great successes for us to share in, but the fool affords enjoyment to us; and we would sooner hear said 'that is a very handsome man' than to see our lover elected to the Institute."

"That's enough, duchess! You have absolutely startled me."

And the young coquette began to describe the lovers about whom all the women of her acquaintance raved; there was not a single man of intellect among them.

"But I swear by my virtue," she said, "their husbands are worth more."

"But these are the sort of people they choose for husbands," the duchess answered gravely.

"Tell me," asked the author, "is the disaster which threatens the husband in France quite inevitable?"

"It is," replied the duchess, with a smile; "and the rage which certain women breathe out against those of their sex, whose unfortunate happiness it is to entertain a passion, proves what a burden to them is their chastity. If it were not for fear of the devil, one would be Lais; another owes her virtue to the dryness of her selfish heart; a third to the silly behaviour of her first lover; another still —"

The author checked this outpour of revelation by confiding to the two ladies his design for the work with which he had been haunted; they smiled and promised him their assistance. The youngest, with an air of gaiety suggested one of the first chapters of the undertaking, by saying that she would take upon herself to prove mathematically that women who are entirely virtuous were creatures of reason.

When the author got home he said at once to his demon:

"Come! I am ready; let us sign the compact."

But the demon never returned.

If the author has written here the biography of his book he has not acted on the prompting of fatuity. He relates facts which may furnish material for the history of human thought, and will without doubt explain the work itself. It may perhaps be important to certain anatomists of thought to be told that the soul is feminine. Thus although the author made a resolution not to think about the book which he was forced to write, the book, nevertheless, was completed. One page of it was found on the bed of a sick man, another on the sofa of a boudoir. The glances of women when they turned in the mazes of a waltz flung to him some thoughts; a gesture or a word filled his disdainful brain with others. On the day when he said to himself, "This work, which haunts me, shall be achieved," everything vanished; and like the three Belgians, he drew forth a skeleton from the place over which he had bent to seize a treasure.

A mild, pale countenance took the place of the demon who had tempted me; it wore an engaging expression of kindness; there were no sharp pointed arrows of criticism in its lineaments. It seemed to deal more with words than with ideas, and shrank from noise and clamor. It was perhaps the household genius of the honorable deputies who sit in the centre of the Chamber.

"Wouldn't it be better," it said, "to let things be as they are? Are things so bad? We ought to believe in marriage as we believe in the immortality of the soul; and you are certainly not making a book to advertise the happiness of marriage. You will surely conclude that among a million of Parisian homes happiness is the exception. You will find perhaps that there are many husbands disposed to abandon their wives to you; but there is not a single son who will abandon his mother. Certain people who are hit by the views which you put forth will suspect your morals and will misrepresent your intentions. In a word, in order to handle social sores, one ought to be a king, or a first consul at least."

Reason, although it appeared under a form most pleasing to the author, was not listened to; for in the distance Folly tossed the coxcomb of Panurge, and the author wished to seize it; but, when he tried to catch it, he found that it was as heavy as the club of Hercules. Moreover, the cure of Meudon adorned it in such fashion that a

young man who was less pleased with producing a good work than with wearing fine gloves could not even touch it.

"Is our work completed?" asked the younger of the two feminine assistants of the author.

"Alas! madame," I said, "will you ever requite me for all the hatreds which that work will array against me?"

She waved her hand, and then the author replied to her doubt by a look of indifference.

"What do you mean? Would you hesitate? You must publish it without fear. In the present day we accept a book more because it is in fashion than because it has anything in it."

Although the author does not here represent himself as anything more than the secretary of two ladies, he has in compiling their observations accomplished a double task. With regard to marriage he has here arranged matters which represent what everybody thinks but no one dares to say; but has he not also exposed himself to public displeasure by expressing the mind of the public? Perhaps, however, the eclecticism of the present essay will save it from condemnation. All the while that he indulges in banter the author has attempted to popularize certain ideas which are particularly consoling. He has almost always endeavored to lay bare the hidden springs which move the human soul. While undertaking to defend the most material interests of man, judging them or condemning them, he will perhaps bring to light many sources of intellectual delight. But the author does not foolishly claim always to put forth his pleasantries in the best of taste; he has merely counted upon the diversity of intellectual pursuits in expectation of receiving as much blame as approbation. The subject of his work was so serious that he is constantly launched into anecdote; because at the present day anecdotes are the vehicle of all moral teaching, and the anti-narcotic of every work of literature. In literature, analysis and investigation prevail, and the wearying of the reader increases in proportion with the egotism of the writer. This is one of the greatest misfortunes that can befall a book, and the present author has been quite aware of it. He has therefore so arranged the topics of this long essay as to afford resting places for the reader. This method has been successfully adopted by a writer, who produced on the subject of Taste a work

somewhat parallel to that which is here put forth on the subject of Marriage. From the former the present writer may be permitted to borrow a few words in order to express a thought which he shares with the author of them. This quotation will serve as an expression of homage to his predecessor, whose success has been so swiftly followed by his death:

"When I write and speak of myself in the singular, this implies a confidential talk with the reader; he can examine the statement, discuss it, doubt and even ridicule it; but when I arm myself with the formidable WE, I become the professor and demand submission." — Brillat-Savarin, Preface to the *Physiology of Taste*.

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## FIRST PART. A GENERAL CONSIDERATION.

We will declaim against stupid laws until they are changed, and in the meantime blindly submit to them. —Diderot, *Supplement to the Voyage of Bougainville*.

